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Article

RDP3, A Novel Antigout Peptide Derived from Water Extract of Rice

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4 ABSTRACT: Gout and hyperuricemia can seriously affect the quality of life; at present, however, existing medicines are unable to 5 meet all clinical needs. In the current study, a novel peptide (i.e., rice-derived-peptide-3 (RDP3), AAAAMAGPK-NH₂, 785.97 Da) 6 in water extract obtained from shelled *Oryza sativa* fruits was identified. Testing revealed that RDP3 (minimum effective 7 concentration 100 μ g/kg) did not show both hemolytic and acute toxicity, and reduced uric acid levels in the serum of 8 hyperuricemic mice by inhibiting xanthine oxidase activity and decreasing urate transporter 1 expression. RDP3 alleviated renal 9 injury in hyperuricemic mice by decreasing NLRP3 inflammasome expression. Furthermore, RDP3 alleviated formalin-induced paw 10 pain and reduced monosodium urate crystal-induced paw swelling and inflammatory factors in mice. Thus, this newly identified 11 peptide reduced uric acid levels and renal damage in hyperuricemic mice and showed anti-inflammatory and analgesic activities, 12 indicating the potential of RDP3 as an antigout medicine candidate.

13 KEYWORDS: antigout peptide, nutraceutical peptide, hyperuricemia treatment, renal protective peptides, anti-inflammation peptides

14 INTRODUCTION

15 Gout is a common and complex form of arthritis. It is related 16 to purine metabolism disorders, which cause excessive uric acid 17 production or poor uric acid excretion, with subsequent 18 induction of hyperuricemia (HUA).¹ Clinically, HUA is 19 diagnosed when the level of serum uric acid is higher than 20 420 μ M in men and 360 μ M in women.² Continuous HUA can 21 not only lead to an attack of gouty arthritis but can also cause 22 kidney damage, cardiovascular events, and diabetes.^{1,3} In 23 addition, if HUA is not properly treated and controlled, the 24 recurrence, frequency, and degree of gout attack can also 25 increase. Therefore, gout is best treated by controlling HUA. 26 The concentration of uric acid in the blood is primarily 27 determined by the absorption and production of purine and by 28 the decomposition and excretion of uric acid.⁵ Xanthine 29 oxidase (XOD), a key enzyme for the formation of uric acid, is 30 a major target of inhibitory drugs⁵ such as allopurinol and 31 febuxostat.⁴ During the process of uric acid metabolism in 32 humans, about 65% of uric acid is filtered through the 33 glomeruli, with 90% then reabsorbed into circulation through 34 urate transporter-related proteins (such as URAT1) and the 35 rest filtered into urine for excretion.⁵ Antihyperuricemic 36 medicines, such as probenecid and benzbromarone, can 37 significantly enhance the excretion of uric acid by inhibiting 38 URAT1.⁶ Currently, the treatment of the acute gout attack 39 depends on drugs such as nonsteroidal anti-inflammatory 40 drugs (NSAIDs), colchicine, glucocorticoids, and IL-1 β 41 antagonists.⁴ However, their clinical use has several limitations. 42 For example, NSAIDs can induce peptic ulcers; allopurinol can 43 produce severe skin rash and allergic reactions; febuxostat can 44 lead to cardiovascular events; benzbromarone can induce 45 hepatotoxic activity; and probenecid can generate uric acid 46 crystals in the kidney. $^{7-10}$ Therefore, the development of new 47 antigout drugs remains an important focus.

In recent years, peptide medicines have attracted increasing 48 attention due to their high specificity, high efficiency, limited 49 side effects, and low cost.^{11–13} At present, the clinical use of 50 several peptides, such as exenatide and ACEI, are not only 51 more convenient for patients but also provide considerable 52 economic benefits for society.^{14,15} A large number of other 53 active peptides, such as antibacterial, analgesic, and neuro- 54 protective peptides, have also been identified.^{16,17} To date, 55 however, reports on active peptides that can effectively treat 56 gout and HUA remain scarce.^{11–13,18–20} Therefore, research 57 on peptides for gout and HUA treatment is still in its infancy. 58

In this study, a short peptide, named rice-derived-peptide-3 59 (RDP3), obtained from the water extract of shelled *Oryza* 60 sativa fruits from Yunnan, China, was identified. The purpose 61 of this research was to discover an anti-HUA or antigout 62 bioactive peptide from *O. sativa* extract that could be used as a 63 potential candidate for the development of antigout drugs. We 64 also established a HUA mouse model to explore the 65 mechanism and function of the peptide using various 66 biochemical experiments (i.e., western blotting and enzyme- 67 linked immunosorbent assay (ELISA)). 68

MATERIALS AND METHODS

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Sample Purification and Synthesis. *Sample Preparation.* The 70 shelled *O. sativa* fruits were obtained from Yunnan province, and 71 water extract of shelled *O. sativa* fruits was obtained as follows.¹¹ The 72

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73 rice (shelled *O. sativa* fruits, 1 kg) was first soaked in deionized water 74 (1 L) at 4 °C for 12 h, with the liquid then filtered using a filter paper. 75 The resulting solution was centrifuged for 20 min at 4 °C and 12 76 000g, with the supernatant then collected as the water extract of rice. 77 The obtained liquid was freeze-dried and then stored at -80 °C until 78 analysis.

Purification Procedures. Peptide purification was performed as per 79 80 our previous report, with some modification.²¹ The water extract of $_{81}$ rice was purified using a Sephadex G-50 gel filtration column (1.5 \times 82 31 cm², superfine, GE Healthcare, Stockholm, Sweden). Then, 25 M 83 Tris-HCl buffer containing 0.1 M NaCl (pH 7.8) was used for 84 prebalance and elution at a flow rate of 0.3 mL/min and an injection 85 volume of 1 mL. The samples were collected (10 min/tube) with an 86 automatic fractionation collector (BSA-30A, HuXi Company, 87 Shanghai, China), with absorbance then detected at 280 nm (Figure 88 S1A, the same as our previous study¹⁰). The components represented 89 by the arrow in Figure S1A were collected, combined, and then 90 injected into a C18 high-performance liquid chromatography 91 (HPLC) column (Hypersil BDS C18, 4.0 × 300 mm², Elite, 92 China) at an injection volume of 1 mL, with a detection wavelength 93 of 220 nm. Ultrapure water with 0.1% (v/v) trifluoroacetic acid 94 (TFA) was used for prebalancing, and acetonitrile (ACN) with 0.1% 95 (v/v) TFA was eluted at a flow rate of 1 mL/min through a linear 96 gradient (0-40% ACN, 40 min, Figure S1B, as shown in our previous 97 research¹⁰). The component indicated by an arrow in Figure S1C was 98 collected and a second round of HPLC was performed as above.

Determination of the Primary Structure of Peptide. The 99 100 molecular mass of the sample was detected by mass spectrometry. 101 The sample and α -cyano-4-hydroxycinnamic acid (5 mg/mL, 102 dissolved in 50% ACN, 0.1% TFA) were mixed to a volume, then 1 103 μ L mixture was spotted on a steel plate for crystallization at room 104 temperature. The crystallized sample on the plate was examined via 105 mass spectrometry (Autoflex speed TOF/TOF, Bruker Daltonik 106 GmbH, Leipzig, Germany) for MS and MS/MS analyses in positive 107 charge mode. The ion source voltages for MS analysis were as follows: 108 UIS1: 19 kV and UIS2: 16.45 kV. The ion source voltages for MS/MS 109 analysis were as follows: UIS1: 6 kV and UIS2: 5.15 kV. The reflector 110 detector voltages for MS and MS/MS data acquisition were set as 111 1.942 and 2.163 kV, respectively. FlexAnalysis 3.3 and Biotools 3.2 112 provided by the manufacturer were used for MS and MS/MS spectra 113 interpretation. Mass tolerance of MS/MS ions was set as ± 0.5 Da. 114 The sample was then dissolved in 25 mM NH₄HCO₃ and reduced 115 using dithiothreitol at 37 °C for 1 h, and then blocked by 116 iodoacetamide for 30 min. Finally, the mixture was mixed with α -117 cyano-4-hydroxycinnamic acid and analyzed by tandem mass 118 spectrometry on the same equipment. The RDP3 peptide 119 (AAAAMAGPK-NH₂) was synthesized at a purity of >95% by 120 Wuhan Bioyeargene Biotechnology Co., Ltd. (Wuhan, China).

Animal Care. Kunming and nude mice $(25 \pm 5 \text{ g})$ were obtained from Hunan Slack Jingda Laboratory Animal Co., Ltd. (Hunan, China). All mice were housed in cages $(330 \times 205 \times 180 \text{ mm}^3)$, five mice per cage) at room temperature $(22 \pm 2 \text{ °C})$, with free access to food and water. All animal handling was implemented in accordance with the Provisions and General Recommendations of the Chinese provide the Provisions and General Recommendations of the Chinese provide the Animals Administration Legislation. All animal care and handling procedures were conducted in accordance with the prequirements of the Ethics Committee of Kunming Medical University (KMMU20180012).

131 **Characteristics of RDP3.** *Hemolytic Activity and Acute Toxicity* 132 *Assays.* Hemolytic activity was examined as per earlier experiments, 133 with some modifications.²² First, human red blood cells (Kunming 134 Blood Center, Kunming, Yunnan, China) were mixed with saline and 135 centrifuged at 3000g for 5 min at 4 °C to obtain 100% red blood cells. 136 The saline was used as the solvent. Different doses of RDP3 (500 μ L, 137 100 μ g/mL, 500 μ g/mL, 1 mg/mL) were gently mixed with the red 138 blood cells (500 μ L) and incubated at 37 °C for 30 min. The mixture 139 was then centrifuged at room temperature (22 ± 2 °C) for 4 min at 140 4000g. Finally, the supernatant was tested at 540 nm, with 0.1% 141 Triton X-100 used as the positive control to determine the maximum 142 hemolysis rate (n = 5). Acute toxicity was investigated following previous research.²² 143 Briefly, different doses of RDP3 (100 μ g/kg, 500 μ g/kg, 1 mg/kg) 144 and saline (1 mL/kg) were injected into the abdominal cavity of mice. 145 The mortality and general situation of animals in each group were 146 observed and recorded within 24 h (n = 3). 147

Stability of RDP3. The stability of RDP3 was determined according 148 to previous research, with some modifications.²¹ In brief, 100 μ L of 149 mouse plasma and 100 μ L of RDP3 (10 μ g/mL) were mixed, 150 incubated at 37 °C, and then tested every 2 h. To terminate the 151 reaction, 219 μ L of urea (8 M) and 60 μ L of trichloroacetic acid (1 g/ 152 mL) were added to the mixture. The supernatant was obtained by 153 centrifuging the mixture at 12 000g for 30 min at 4 °C, which was 154 then collected to determine the peptide amount using HPLC.

After the prepared solution (containing RDP3, 10 μ g/mL) was 156 repeatedly frozen overnight (at -20 °C) and thawed (at 37 °C), the 157 residual content of the peptide was detected by HPLC. Its stability 158 under different temperatures was also researched. Specifically, RDP3 159 (10 μ g/mL) was incubated at 4, 37, and 60 °C for 20 days, with 160 samples collected every 2 days. After centrifugation at 12 000g for 20 161 min at 4 °C, the supernatant was collected and tested using HPLC. 162

RDP3 stability tests were determined by HPLC. In summary, the 163 samples (an injection volume of 1 mL) were tested using a C18 164 HPLC column prebalanced with ultrapure water containing 0.1% (v/ 165 v) TFA and with ACN containing 0.1% (v/v) TFA. Elution was 166 conducted at a flow rate of 1 mL/min (0–30% ACN, 30 min) and 167 monitored at 220 nm. Peak area (elution time) chromatography was 168 used to determine and quantify RDP3 residue. 169

Distribution of RDP3 In Vivo after Injection. The fluorescein- 170 isothiocyanate-AAAAMAGPK-NH₂ (FITC-RDP3) sample was pro- 171 vided commercially by Wuhan Bioyeargene Biotechnology Co., Ltd. 172 (Wuhan, China). First, nude mice were anesthetized with 173 pentobarbital sodium (3.5%, 100 μ L/10 g) and fixed, followed by 174 abdominal injection of 100 μ L of FITC-RDP3 (10 μ g/ μ L). Front and 175 back images of mice were then taken and examined at 0 and 60 min 176 after the injection using a FluorVivo300 (Huanya Technology Co., 177 Ltd., Beijing, China).

Antihyperuricemic Activity of RDP3. Establishment of HUA 179 *Mice*. Animal assays were performed according to previous research.²³ 180 Mice were randomly divided into various groups, namely, control, 181 model, allopurinol (Allo, positive group), benzbromarone (Benz, 182 positive group), and RDP3 groups (100 μ g/kg, 500 μ g/kg, and 1 mg/ 183 kg). From day 1 to 7, the mice in the control group were given 1 mL 184 of saline per day, whereas the other groups were treated with 185 intragastric administration of 300 mg/kg potassium oxonate (POX, 186 Dalian Meilun Biological Technology Co., Ltd., Dalian, Liaoning, 187 China) and 200 mg/kg adenine (Dalian Meilun Biological 188 Technology Co., Ltd., Dalian, Liaoning, China) per day. One hour 189 after POX and adenine treatment, saline was given to mice in the 190 control and model groups, whereas the positive groups were treated 191 with the intraperitoneal injection of Allo (10 mg/kg, Dalian Meilun 192 Biological Technology Co., Ltd., Dalian, Liaoning, China) or Benz (8 193 mg/kg, Dalian Meilun Biological Technology Co., Ltd., Dalian, 194 Liaoning, China) and the RDP3 groups were treated with the 195 intraperitoneal injection of different doses of RDP3 (100 μ g/kg, 500 196 μ g/kg, and 1 mg/kg). Blood and tissue samples were obtained on day 197 7 after the last administration of RDP3, Allo, or saline. Briefly, 1 h 198 after the last administration, the mice were anesthetized with 0.3% 199 pentobarbital sodium and blood was taken from the inner canthus 200 vein, followed by the rapid removal of liver and kidney tissues on ice. 201 The whole blood samples were centrifuged at 6000g for 5 min at 202 room temperature (22 \pm 2 °C) to obtain serum. The kidneys and 203 livers of mice were stored at -80 °C, with portions of the kidneys 204 fixed in 4% formaldehyde. 205

Detection of Uric Acid and Creatinine Levels in HUA Mice. Serum 206 levels of uric acid and creatinine were measured using uric acid and 207 creatinine kits as per the manufacturer's operational instructions 208 (Nanjing Jiancheng Bioengineering Institute, Nanjing, Jiangsu, 209 China). 210

Hematoxylin and Eosin (H&E) Staining. H&E staining was 211 performed according to the prior study.¹¹ Kidneys of mice were fixed 212

213 in 4% formalin for 24–48 h, then dehydrated using gradient ethanol 214 (75% 12 h, 85% 12 h, 95%, and 100% 2 h, respectively). Tissues were 215 then embedded in paraffin and sliced to a thickness of 5 μ m, followed 216 by H&E staining and visualization via light microscopy (Zeiss, 217 Germany) at 100× magnification.

Molecular Docking. Molecular docking of RDP3-XOD and RDP3-URAT1 complexes was conducted to explore the mechanism related to the lowering of uric acid by RDP3.²⁴ Briefly, the X-ray crystal structure of XOD was downloaded from the Protein Data Bank (PDB-ID: 2ckj) (http://www.rcsb.org/pdb). The URAT1 architecture was modeled from scratch using the Robetta server (http://www. ture was modeled from scratch using the Robetta server (http://www. tobetta.org/). The RDP3 structure was constructed using the PEP-SFOLD3 server (http://bioserv.rpbs.univ-paris-diderot.fr/services/ PEP-FOLD3/). Vina 1.1.2 was used for molecular docking, and the top for the best affinity (lowest value) was chosen as the docking conformation. The results were then analyzed using Pymol 229 and DS3.5 software.

230 Detection of XOD In Vivo and In Vitro. XOD activity in the serum 231 and liver of HUA mice was measured using specific XOD kits 232 (Nanjing Jiancheng Bioengineering Institute, Nanjing, Jiangsu, 233 China), and the IL-1 β level in the serum of mice was tested using 234 mouse IL-1 β ELISA kits (Shenzhen NeoBioscience Biotechnology 235 Co., Ltd., Shenzhen, China) following the instructions provided by 236 the manufacturer.

237 XOD inhibition *in vitro* was carried out following previous research, 238 with some modifications.¹² Tris–HCl (pH = 8) buffer (50 mM) was 239 prepared as the solvent. Then, 2 mM of xanthine (Dalian Meilun 240 Biological Technology Co., Ltd., Dalian, Liaoning, China) and 0.52 241 mM of XOD (Dalian Meilun Biological Technology Co., Ltd., Dalian, 242 Liaoning, China) solutions were, respectively, dissolved in the above 243 solvent. The xanthine solution (128 μ L), XOD solution (16 μ L), 244 RDP3 solution (32 μ L, 100 μ g/kg, 500 μ g/kg, and 1 mg/kg), and 245 Tris–HCl buffer (928 μ L) were mixed and incubated at 37 °C for 15 246 min. Afterward, 48 μ L of 1 M HCl was used to terminate the reaction, 247 with absorbance then detected at 292 nm. Allo (10 mg/mL) and 248 Tris–HCl buffer were used as the positive and negative controls, 249 respectively. Inhibitory activity was calculated as follows

XOD inhibition rate (%) =
$$100\% \times \frac{\text{negative control} - \text{sample}}{\text{negative control}}$$

250 Detection of IL-1 β Levels in the Serum of HUA Mice. The IL-1 β 251 levels in the serum of mice were tested using mouse IL-1 β ELISA kits 252 (Shenzhen NeoBioscience Biotechnology Co., Ltd., Shenzhen, China) 253 following the instructions provided by the manufacturer.

Western Blotting. Western blot analysis was performed following 254 255 the previous study.²⁵ Protein from kidney samples was extracted using 256 20 mg/150 μ L radio immunoprecipitation assay (RIPA) and 257 phenylmethylsulfonyl fluoride (PMSF) (Dalian Meilun Biotechnology 258 Co., Ltd., Dalian, Liaoning, China) at a ratio of 100:1 following the 259 manufacturer-provided instructions. A BCA protein analysis kit 260 (Dalian Meilun Biotechnology Co., Ltd., Dalian, Liaoning, China) was used to detect the protein content. Sulfate polyacrylamide gel 2.61 262 electrophoresis (SDS-PAGE) was performed to detect the URAT1 263 and NLRP3 inflammasome contents in the kidneys. The protein was 264 separated by 10% SDS-PAGE and transferred to poly(vinylidene 265 fluoride) (PVDF) membranes. After sealing with 5% skimmed milk 266 for 2 h, the membranes were incubated with primary antibody (GAPDH, URAT1, NLRP3, ASC, Caspase-1, Proteintech, Shanghai 2.67 268 Sixin Biotechnology Co., Ltd., Shanghai, China) overnight at 4 °C, 269 and then with secondary antibody (anti-rabbit, Proteintech, Shanghai 270 Sixin Biotechnology Co., Ltd., Shanghai, China) for 1 h at room 271 temperature (22 \pm 2 °C). Membranes were finally analyzed and 272 quantified using Image J software.

273 Antigout Activity of RDP3. Anti-Inflammatory and Analgesic 274 Activities of RDP3. As per the previous research,²⁶ mice were 275 pretreated with saline, diclofenac sodium (DS, 12 mg/kg), or different 276 concentrations of RDP3 (100 μ g/kg, 500 μ g/kg, and 1 mg/kg) via 277 intraperitoneal injection. Saline was used as a negative control and DS 278 was used as a positive control. After 30 min, mice were injected with 305

20 μ L of 0.92% formalin under the skin of the right paw and then 279 placed in cages (20 × 40 × 15 cm³) individually. Time spent licking 280 the paw by each mouse was recorded (0–5 and 15–30 min after 281 injection). 282

Monosodium urate (MSU) crystals were prepared according to the 283 previous research.²⁷ Mice were divided into five groups (n = 6): i.e., 284 (1) the model group, treated with saline; (2) the positive group, 285 treated with 12 mg/kg DS; (3) the RDP3 group, treated with different 286 concentrations of RDP3 (100 μ g/kg, 500 μ g/kg, and 1 mg/kg, 287 respectively). The mice received an intraperitoneal injection once 288 daily. On day 3, 30 min after injection, MSU crystals (20 mg/mL) 289 were injected into the left paw of mice. Subsequent inflammation was 290 quantified by measuring paw thickness with a digital thickness gauge 291 (Hong Kong Dinghao Measuring Tool Co., Ltd., Hong Kong, China) 292 on days 1, 2, and 3 after MSU crystal injection. The percentage of 293 edema was calculated as follows:

result =
$$100\% \times \left(\frac{b-a}{a}\right)$$

where "a" is the paw thickness before MSU crystal injection and "b" is 295 the paw thickness after MSU crystal injection. 296

Paw Inflammation Cytokine Assays and H&E Staining. The 297 levels of IL-1 β and TNF- α in mouse feet were tested using specific 298 mouse IL-1 β and TNF- α ELISA kits (Shenzhen NeoBioscience 299 Biotechnology Co., Ltd., Shenzhen, China). All operations were 300 carried out according to the instructions provided by the 301 manufacturer. H&E staining was performed following the procedures 302 used for kidneys, with treated sections visualized via light microscopy 303 (Zeiss, Germany) at 100× magnification. 304

RESULTS AND DISCUSSION

Separation and Identification of RDP3 from Shelled 306 *O. sativa* **Fruits.** Water extract from shelled *O. sativa* fruits 307 was separated using a Sephadex G-50 gel filtration column. 308 The sample indicated by an arrow in Figure S1A (Figure 1A in 309 fil previous research¹¹) was collected and further separated and 310 purified by RP-HPLC, as shown in Figure S1B. The sample 311 indicated by an arrow in Figure S1B (corresponding to Figure 312 1B in previous research,¹¹ but with different separation peaks) 313 was again purified using HPLC to obtain the sample with an 314



Figure 1. Structure of RDP3. (A) Molecular weight of RDP3 (785.97 Da). (B) Primary structure of RDP3 (AAAAMAGPK-NH₂).



Figure 2. Characteristics of RDP3. (A) RDP3 showed great stability at 4, 37, and 60 °C and during repeated freezing and thawing (n = 3). (B) Half-life of RDP3 incubated with plasma was 1.7 h, with complete degradation within 8 h (n = 3). (C) Images after injection of FITC-RDP3.

315 elution time of 16.8 min (as shown in Figure S1C). The final 316 sample was analyzed by mass spectrometry.

As shown in Figure 1A, a peptide triplet with a single isotope 318 m/z of 786.432–808.421–824.400 was observed in the 319 sample. Tandem mass spectrometry was further used to 320 elucidate the sequence of the peptide triplet. The MS/MS 321 spectra showed that the mother ions with m/z of 786.432, 322 808.421, and 824.400 represented the $[M + H]^+$, $[M + Na]^+$, 323 and $[M + K]^+$ types, respectively (Figure 1B), confirming that 324 the sequence of the sample was "AAAAMAGPK-NH₂".

RDP3 Showed No Hemolytic Activity or Acute Toxicity. To evaluate the safety of RDP3, hemolytic activity ar and acute toxicity were tested. As shown in Tables S1 and S2, RDP3 showed no such activity or toxicity.

Stability of RDP3 and Distribution in Liver and 329 330 Kidney after Injection. To explore the characteristics of 331 RDP3, its stability under different conditions was measured. As 332 shown in Figure 2A, after repeated freezing and thawing (12 333 times), the nondegraded content of RDP3 in the prepared test solution was about 80%; after 20 times, however, the RDP3 334 content was completely degraded. After 20 days, the content of 335 RDP3 at 4 and 37 °C was stable, with the residual content of 336 90 and 80%, respectively. After 20 days at 60 °C, the residual 337 338 RDP3 content was about 20%. The stability of RDP3 in plasma 339 was also tested. As shown in Figure 2B, after incubation with 340 plasma for 8 h, RDP3 was completely degraded, with a half-life 341 of 1.7 h (calculated using GraphPad Prism software).

 f_2

FITC-RDP3 was synthesized to observe peptide distribution mice after injection. As shown in Figure 2C, after the intraperitoneal injection, the peptide was rapidly distributed to the whole intraperitoneal area. Front and back images of the the whole intraperitoneal area. Front and back images of the results showed that 60 min after injection, the peptide was mainly distributed in the abdominal cavity of mice, especially the liver and kidney. The novel antihyperuricemic peptide RDP1 (AAAAGA- 350 KAR), identified in the previous study, shows complete 351 degradation in plasma at 20 min, with a half-life of 4.6 352 min.¹¹ In this research, RDP3 showed increased plasma 353 stability (half-life: 1.7 h), which may be due to its post- 354 translation modification ($-NH_2$). Stability testing under other 355 conditions also confirmed better stability of RDP3 compared 356 with RDP1. Thus, RDP3 showed characteristics of long-term 357 maintenance at 4 and 37 °C and short-term maintenance at 60 358 °C, which is a good advantage for its transportation and 359 preservation. Moreover, its excellent stability in plasma also 360 suggests good long-term maintenance *in vivo*.

RDP3 Significantly Decreased Serum Uric Acid and 362 Alleviated Renal Damage. As the biochemical basis of gout, 363 uncontrolled HUA can lead to the accumulation of uric acid 364 crystals in the kidney as well as serious renal damage.^{28,29} To 365 understand the anti-HUA and nephrotic activity of RDP3, a 366 HUA mouse model was established by POX and adenine 367 treatment to simulate the pathological characteristics of HUA 368 (e.g., increase in serum uric acid level and renal damage).⁵ As 369 shown in Figure 3A, serum uric acid levels were significantly 370 f3 higher in the model group (65.0 \pm 5.2 mg/L) than in the 371 control group $(23.4 \pm 1.8 \text{ mg/L})$ (P < 0.001), indicating the 372 successful establishment of HUA in mice. Serum uric acid 373 levels were significantly lower in the Allo and Benz groups than 374 in the HUA mice (P < 0.001). Serum uric acid concentrations 375 in the RDP3 groups (100 μ g/kg, 500 μ g/kg, and 1 mg/kg) 376 were 54.0 \pm 0.7, 44.2 \pm 0.3, and 39.5 \pm 0.4 mg/L, respectively 377 (P < 0.001 vs model). These results show that RDP3 had the 378 ability to reduce serum uric acid levels, with the effects found 379 to be concentration dependent. Moreover, RDP3 (1 mg/kg) 380 showed similar effects as the positive control, but at a much 381 lower dosage. 382

As shown in Figure 3B, the serum creatinine level in the 383 model group was about seven times higher than that in the 384 control group ($P < 0.001 \nu s$ control on day 7), whereas the 385



Figure 3. RDP3 reduced uric acid level and alleviated kidney damage in hyperuricemic mice. (A) RDP3 induced a concentration-dependent decrease in serum uric acid in hyperuricemic mice (n = 6). (B) RDP3 significantly reduced serum creatinine levels in mice (n = 6). (C) Control group showed orderly arranged epithelial cells. The model group showed the disappearance of brush border and tubular atrophy, with RDP3 and Allo treatment relieving renal injury. ###/***P < 0.001 are significantly different from the control (Student's *t*-tests).

386 serum creatinine levels in the Allo (12 mg/kg) and Benz 387 groups (8 mg/kg) were significantly lower (P < 0.001 vs model 388 on day 7). The serum creatinine levels in the RDP3 groups 389 (100 µg/kg, 500 µg/kg, and 1 mg/kg) were 103.5 ± 36.9, 65.3 390 ± 24.2, and 36.5 ± 3.2 µM, respectively. Thus, RDP3 reduced 391 serum creatinine levels in a concentration-dependent manner. 392 In addition, RDP3 at 1 mg/kg showed stronger activity than 393 that of Allo and Benz. Furthermore, RDP3 at 500 and 100 µg/ 394 kg showed stronger renal function improvement ability than 395 Benz at 8 mg/kg.

H&E staining was performed to evaluate the ability of RDP3 of to alleviate renal injury at the tissue level. As shown in Figure 398 3C, the renal tubule borders in the control group were clear 399 and epithelial cells showed ordered arrangement. In contrast, the kidneys of HUA mice showed indistinct boundaries 400 between the adjacent proximal convoluted tubules, as well as 401 tubular atrophy. These findings are consistent with the serum 402 creatinine results, with RDP3 and positive control treatment 403 relieving the renal pathological changes observed in HUA 404 mice. 405

In HUA animals, RDP1 and RDP3 reduced uric acid levels 406 by 49.7 \pm 2.2 and 39.2 \pm 0.6%, respectively, suggesting that 407 RDP3 had a weaker ability at reducing uric acid than RDP1 (1 408 mg/kg) (100% for the model group). In contrast, RDP3 409 decreased creatinine levels by almost twice that of RDP1, i.e., 410 86.0 ± 1.1 and $41.3 \pm 8.8\%$, respectively (100% for the model 411 group). Both Allo and Benz are considered first-line drugs for 412 the rapid clinical treatment of excess uric acid.⁸ Here, at a low 413 concentration of 1 mg/kg, RDP3 showed a similar reduction in 414 uric acid as produced by the positive control, but with far 415 better renal protective ability than either Allo or Benz (12 and 416 8 mg/kg). In addition, given its safe extraction from edible rice, 417 the risk of adverse reactions to RDP3 is low. Thus, RDP3 418 exhibits great potential as a drug candidate against HUA, 419 especially in the treatment of HUA-related nephropathy. 420

RDP3 Inhibited XOD Activity and URAT1 Expression 421 in Mice. Uric acid is the final product of purine metabolism.³⁰ 422 Under normal physiological conditions, purine is metabolized 423 in the liver via enzymatic action, e.g., XOD, with the resulting 424 uric acid predominantly excreted via the kidney in urine.³ 425 Renal transporters in proximal convoluted tubules, e.g., 426 URAT1, play important roles in this process.³² To elucidate 427 the mechanism related to the reduction of uric acid by RDP3, 428 molecular docking of RDP3 with XOD and URAT1 was 429 performed. As shown in Figure S2A-D, RDP3 was combined 430 in the larger cavity of XOD with a curl conformation. The 431 combination of RDP3 and URAT1, as is shown in Figure 432 S2E-H, results demonstrated that RDP3 combined with the 433 hydrophobic core surrounded by the spiral structure of 434 URAT1, which formed three hydrogen bonds. The affinities 435 of RDP3 with XOD and URAT1 were -8.0 and -8.6 kcal/ 436 mol, respectively (lower affinity indicates better binding). 437

Both the XOD activity and URAT1 content were detected 438 in HUA mice. As shown in Figure 4A, the XOD activity levels 439 f4 in the control, model, and Allo groups were 28.5 \pm 0.5, 32.1 \pm 440 0.4, and 19.8 \pm 0.5 U/L, respectively (P < 0.001, control vs 441 model; P < 0.001 Allo vs model). The XOD activity levels in 442 the RDP3 groups (100 μ g/kg, 500 μ g/kg, and 1 mg/kg) were 443 28.6 \pm 0.4, 27.8 \pm 1.0, and 23.4 \pm 1.4 U/L, respectively. These 444 results suggest that RDP3 treatment effectively reduced XOD 445 activity in HUA mice in a concentration-dependent manner, as 446 confirmed by XOD activity in the liver of HUA mice (Figure 447 4B). 448

The direct interaction of RDP3 with XOD *in vitro* was also 449 detected. As shown in Figure S3, RDP3 inhibited XOD 450 concentration dependently. Notably, the XOD inhibitory 451 ability of RDP3 (1 mg/kg) *in vivo* was similar to that of Allo 452 (10 mg/kg), whereas the XOD inhibitory rate *in vitro* (RDP3, 453 1 mg/mL, 29.45 \pm 11.15%) was only a quarter of that of Allo 454 (10 mg/mL, 99.97 \pm 0.44%). As reported in previous research, 455 short peptides can be easily degraded into smaller peptide 456 sequences *in vivo*.¹² Therefore, it is possible that RDP3 was 457 degraded into shorter peptide sequences *in vivo*, and its ability 458 to inhibit XOD was enhanced accordingly.

Based on western blotting, the expression of URAT1 in the 460 kidney of HUA mice was also detected. As shown in Figure 461 4C, compared with the control group, the expression of 462



Figure 4. RDP3 decreased XOD activity and showed antiinflammatory activity in mice. RDP3 decreased XOD activity in serum (A) and liver (B) in a concentration-dependent manner (n = 6), and decreased expression of URAT1 in kidneys (C, n = 3). (D) RDP3 (100 μ g/kg, 500 μ g/kg, and 1 mg/kg) decreased the serum levels of IL-1 β in mice in a concentration-dependent manner. NLRP3 inflammasome expression levels in hyperuricemic mice were detected by western blot analysis, followed by quantitative analysis (E) (n = 3). F–H show quantitative analysis results, in which RDP3 reduced NLRP3 inflammasome expression (NLRP3, ASC, and caspase-1). #/*P < 0.05, ##/**P < 0.01, and ###/***P < 0.001 are significantly different from the control (Student's *t*-tests).

⁴⁶³ URAT1 in the model group increased significantly, whereas ⁴⁶⁴ under RDP3 intervention (500 μ g/kg and 1 mg/kg), the ⁴⁶⁵ expression of URAT1 in the kidney of HUA mice decreased ⁴⁶⁶ significantly, suggesting that RDP3 reduced uric acid by inhibiting the expression of URAT1. These results also suggest 467 that RDP3 may target XOD and URAT1 at the same time to 468 reduce uric acid in HUA mice. 469

It is worth noting that the HUA mouse model was 470 constructed using POX and adenine. POX was used to inhibit 471 uricase and thus increase the level of uric acid in vivo, whereas 472 adenine was used to increase purine intake and simulate HUA 473 nephropathy.¹¹ Therefore, when preparing HUA mice, it is 474 necessary to consider the activity of the active peptide. It is 475 possible that the sample may decrease uric acid by 476 antagonizing POX and or enhancing uricase. In this research, 477 the novel peptide not only inhibited XOD activity but also 478 reduced URAT1 expression. Therefore, it could be concluded 479 that part of the role of RDP3 in reducing uric acid comes from 480 its influence on the production and excretion of uric acid. In 481 addition, at present, there is no approved antihyperuricemic 482 medicine that can both inhibit XOD activity and decrease the 483 expression of URAT1. Even for published antihyperuricemic 484 peptides, a similar ability to decrease uric acid through multiple 485 targets, as found for RDP3, has not been reported.^{11-13,18-20} 486 Thus, these results suggest that RDP3 has great potential in the 487 development of new drugs for the treatment of gout. 488

RDP3 Reduced Inflammation in Kidneys of HUA 489 **Mice.** The accumulation of uric acid in the kidney can cause 490 repeated inflammation and subsequent renal injury.³³ Inflam- 491 mation plays an important role in the development of HUA 492 nephropathy, which is a common and serious complication of 493 gout.³⁴ In HUA, excessive accumulation of uric acid stimulates 494 the action of the NLR family, including the pyrin domain 495 inflammatory complex (composed of NLRP3, ASC, and 496 procaspase-1). The assembled NLRP3 inflammasome can 497 cause secretion of mature IL-1 β , which is the main cause of 498 renal injury in HUA.^{35–37}

As shown in Figure 4D, the level of IL-1 β in the model 500 group increased significantly compared with that in the control 501 group, indicating that HUA led to an increase in the 502 inflammatory response of mice. Both Allo (10 mg/kg) and 503 RDP3 treatment (100 μ g/kg, 500 μ g/kg, and 1 mg/kg) 504 successfully reduced this inflammatory response with RDP3 505 (500 μ g/kg and 1 mg/kg), exhibiting better anti-inflammatory 506 ability than Allo.

Western blot analysis was used to detect NLRP3 508 inflammasome expression (NLRP3, ASC, and caspase-1) in 509 the kidneys of mice. As shown in Figure 4E–H, the NLRP3, 510 ASC, and caspase-1 contents in the kidneys of the model group 511 were significantly higher than those of the Allo group, 512 suggesting that the NLRP3 inflammasome was activated. In 513 the RDP3 groups (500 μ g/kg and 1 mg/kg), NLRP3 514 inflammasome expression (NLRP3, ASC, and caspase-1) 515 decreased significantly. These results show that RDP3 may 516 reduce inflammation by inhibiting NLRP3 inflammasome 517 expression to alleviate renal damage.

RDP3 Showed Analgesic and Anti-inflammatory 519 **Activity.** Long-term HUA will increase the crystallization 520 risk of urate in circulation, which may be deposited in joints, 521 causing severe pain, joint deformity, and reduced quality of 522 life.^{1,38} Gout is a disease caused by the secretion of 523 inflammatory cytokines, such as IL-1 β and TNF- α , which is 524 a key point in gout treatment.³⁸ In view of the excellent anti-525 inflammatory ability of RDP3 in HUA nephropathy, RDP3 526 may play a therapeutic role in the acute gout attack. 527

The effect of RDP3 on inflammatory pain was detected. As 528 seen in Figure S4, RDP3 showed significant and concentration- 529



Figure 5. RDP3 reduced foot swelling in mice injected with MSU and decreased inflammation in mice. (A) RDP3 showed concentrationdependent reduction in paw swelling induced by MSU (n = 6). (B) RDP3 (100 μ g/kg, 500 μ g/kg, and 1 mg/kg) induced a concentrationdependent decrease in IL-1 β level in paw tissue of mice (n = 6). (C) RDP3 (100 and 500 μ g/kg) reduced the serum level of TNF- α in mice (n = 16). (D) RDP3 alleviated tissue injury caused by MSU injection. ##/***P < 0.001 is significantly different from the control (Student's t-tests).

530 dependent pain relief. Of note, the analgesic effect of RDP3 at 531 1 mg/kg was stronger than that of DS at 12 mg/kg. As shown 532 in Figure 5A, the paw swelling rate in mice peaked on the first 533 day after injection. The swelling rates of the model and DS $_{534}$ groups (12 mg/kg) were 50.6 \pm 7.1 and 32.5 \pm 7.5%, 535 respectively, suggesting that the DS group (12 mg/kg) showed s36 significant alleviative effects on swelling caused by MSU (P <537 0.001). The swelling rates of the RDP3 groups (100 μ g/kg, $_{538}$ 500 μ g/kg, and 1 mg/kg) were 30.6 \pm 8.1, 29.6 \pm 7.9, and 24.4 \pm 6.5%, respectively. Thus, all RDP3 groups showed stronger 539 540 anti-inflammatory swelling ability than that of DS at lower concentrations. 541

To verify the effect of RDP3 on inflammatory swelling 542 543 induced by MSU, the levels of TNF- α and IL-1 β in mouse feet 544 were detected. As shown in Figure 5B,C, compared with the 545 saline group, the RDP3 (500 μ g/kg and 1 mg/kg) and DS 546 groups (12 mg/kg) significantly reduced the level of TNF- α ; 547 the RDP3 (100 μ g/kg, 500 μ g/kg, and 1 mg/kg) and DS s48 groups (12 mg/kg) also significantly reduced the level of IL-1eta549 (P < 0.001 vs saline). It is worth noting that the anti-550 inflammatory activity of RDP3 at 1 mg/kg was better than that 551 of DS at 12 mg/kg. H&E staining of feet also confirmed the 552 positive effect of RDP3 on MSU injury recovery. As shown in 553 Figure 5D, loose connective tissue edema in the model group was thickened and inflammatory cells were increased, which 554 were significantly reduced in the RDP3 and DS groups. These 555 556 results show that RDP3 not only had a significant anti-HUA ability but also showed excellent anti-inflammatory and 557 analgesic capabilities. 558

A multifunctional anti-HUA peptide (RDP3) was identified 559 560 in the current research, which not only inhibited XOD activity but also decreased URAT1 expression. RDP3 also reduced 561 562 renal damage in HUA mice by decreasing NLRP3 inflamma-563 some expression and, at the same time, showed excellent anti-564 inflammatory and analgesic abilities. RDP3 not only provides a 565 drug candidate for the research and development of antigout 566 medicines but also suggests the potential that Yunnan-derived

O. sativa may be a healthy and nutritious food for patients with 567 HUA and gout, which is expected to promote the development 568 of the local planting industry. 569

ASSOCIATED CONTENT 570

Supporting Information

The Supporting Information is available free of charge at 572 https://pubs.acs.org/doi/10.1021/acs.jafc.0c02535. 573

Purification of RDP3 from O. sativa collected from 574 Yunnan, China (Figure S1); molecular docking of 575 RDP3-XOD/URAT1 (Figure S2); XOD inhibition 576 activity of RDP3 in vitro (Figure S3); RDP3 alleviated 577 formalin-induced paw licking (Figure S4); hemolytic 578 activity of RDP3 (Table S1); acinute toxicity of RDP3 579 (Table S2) (PDF) 580

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638 Notes

639 The authors declare no competing financial interest.

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